



# ***The Method of Shared Concern***

## **A Staff Training Resource for Dealing with Bullying in Schools**

**Dr Ken Rigby** interprets and describes in detail this proven technique for dealing with bullying in the secondary and late primary years.

The DVD and accompanying User's Guide present a step-by-step group training session for staff, built around two case studies enacted by practitioners trained by the originator of the Method, Swedish psychologist **Dr Anatol Pikas**.

***The Method of Shared Concern*** was developed and produced with students using the same collaborative approach as Readymade Production's internationally acclaimed ***Stories of Us*** classroom series.

# *The Method of Shared Concern*

## **A Staff Training Resource for Dealing with Bullying in Schools**

**Dr Ken Rigby** presents the internationally recognised Method originated by **Dr Anatol Pikas**.

Recent evaluations of the effectiveness of intervention methods in reducing bullying reveal that most have been only modestly successful. Teacher interventions have been found to result in bullying being stopped in only 25% of cases. In 16% of cases, bullying was reported as actually increasing after teachers had sought to deal with it (Smith & Shu, 2002). We therefore need to try new ways of dealing with this old problem.

The Method of Shared Concern has an impressive success rate – well ahead of what has been reported using other methods – and has been incorporated in successful intervention programs in a number of countries including England, Spain, Finland and Australia.

The Method of Shared Concern is appropriate for medium-level, group-based bullying with secondary students and, at the discretion of staff, students in the late primary years.

The 50 minute DVD is in two parts. Part One presents a detailed explanation of the Method of Shared Concern and its application in a case of bullying involving a group of boys. Part Two presents a second example of the use of the Method, with a different practitioner, working with a group of girls. In addition to the instructional content provided by Dr Ken Rigby and the reflections of the practitioners, the majority of the DVD presents realistic interactions with students as the practitioners negotiate a mediated solution.

The 32 page User's Guide provides step-by-step instructions for conducting the group staff training session. It is recommended that a half-day be allocated to allow time to watch the DVD and constructively discuss the Method with an eye to applying it with students – however the resource *can* be used by individual staff members in little more than two hours. The User's Guide includes: instructions for the group leader, questions to facilitate discussion (with support information), additional information about the Method including FAQs, further assistance and training, and staff handouts.

For further information including **online video previews**,  
User's Guide extracts, **pricing** and **order forms** visit:

**[www.readymade.com.au/method](http://www.readymade.com.au/method)**

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